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Dancing with the bosses

By John Masanauskas

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TELEVISION has *Dancing with the Stars* and *Dancing on Ice*; now, get ready for dancing at work.

Melbourne firms are joining the dance craze to try to promote team-building among staff.

Employees are being urged to do the rumba, foxtrot and cha-cha to lighten up intense meetings and conferences.

[Shall we dance?](#)

Team dancing promoter Tony Legg said yesterday dancing was a fun way to break down barriers between people. "It enhances confidence and self-esteem and encourages friendships and social awareness," he said. "It's fun - people can have a laugh."

Mr Legg, who runs Sea Leggs Corporate Team Building, launched the program two months ago. Dancing supervisors come to the workplace or sessions are organised at the Arthur Murray Dance Studio in the city.

Mr Legg, who also runs team-building programs for sailing and cooking, conceded that the popularity of TV dance shows was behind his latest venture.

Arthur Murray state manager Jackie Drake said some firms just wanted to give their staff a chance to unwind.

She said power roles were sometimes reversed in dance.

"It is really tough for some executives who are very confident in what they're doing, and they have to come in with their staff and do something they don't have a clue about."

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Productivity steps ... some office dancers get on top of their work / David Caird

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