

## First sailing school at Docklands

The general public and business are catered for at the first commercial sailing school launched at Melbourne's Docklands.\*

Dockland\* Sailing School and a subsidiary business SEA LEGGS Sailing and Corporate Team Building have been created by Mr Tony Legg, who's 25 years business experience includes accredited instruction in yachting, skiing and windsurfing, corporate and retail catering, event management, hospitality education in Victoria and Papua New Guinea and tourism marketing in the Gippsland Lakes region.

"The Gippsland Lakes is where my father Jim taught me to sail as a kid," said Mr Legg, who cheekily asked to be excused for using the SEA LEGGS name for the corporate training business.

"Docklands is 5 minutes from Melbourne's CBD, is central too for the general public and so provides quick access to the water," he said.

"Given its convenience, we expect the school will appeal to tourists as well, aligning neatly with post-sailing celebrations at New Quay's bars and restaurants," said Mr Legg. "It broadens the tourist offering at Docklands."

Victoria Harbour, Hobson's Bay/Williamstown and Port Phillip Bay will be used for the school and team building programs.

Australian Yachting Federation accredited instructors deliver the lessons while professionals trained in psychology, leadership coaching, workplace training and assessment join the corporate programs.

Lessons range from two-hour introductory-learner classes to all-day tiered skills development lessons for individuals, couples and mixed and single gender groups.

For the corporate market, events range from just learning to sail and working as team with the 'Day on the Bay' program, through to 'team against team' racing, where two or more identical yachts race against each other.

The school uses appropriate yachts for the skill level sought and the number of participants. Yachts ranges from a 2/3 person off the beach dinghy up to 10 metre catamaran capable of carrying 20 participants. Programs can be arranged for sailing events from one team of 5/6 persons to 60 participants.

Loose, comfortable clothing, white or clear soled shoes, plus a small bag with sun cream, hat, sunnies, and a sweater or windbreaker is the essential gear for school and team building sailing.

"That's all they need ...we provide the yacht, instructors, the water, the fresh air, a different view of Melbourne, catering, the action and, hopefully, a breeze," said Mr Legg.

“For people wishing to get involved in club sailing, here they can learn the game before they play,” said Mr Legg.

Mr Legg said many people see sailing as more than a sport; it's a way of life, an appreciation of the outdoors.

“For me, sailing is a surreal experience,” he said.

## **Background**

Tony Legg comes well qualified to operate both businesses.

Firstly, he comes from a sailing family. His great grand father was a Master of Ships in the Gippsland Lakes and along the Victorian coast during the lakes boom trading times, a great uncle was a founding member of the Gippsland Lakes Yacht Club, his father was a top state level sailor also winning a national sailing title and Tony has been a club and state champion in several different classes.

In the field of teaching, he has both outdoors hands-on and classroom teaching skills. Tony originally qualified in Outdoor education with the Victorian Education Department. He is a certificated instructor in windsurfing, skiing and sailing, has taught hospitality at East Gippsland College of TAFE, was a catering and training manager in the wilds of New Guinea and taught cooking and Event Management at William Angliss Institute of TAFE in Melbourne.

He honed his teaching communicator skills on ABC Radio in Gippsland over two years as a regular guest commentator on regional food and hospitality.

For the corporate world, he holds diplomas in Conference and Event Management and in Hospitality Management and has managed corporate facilities at the MCG and the Melbourne Conference and Exhibition Centre.

In tourism marketing, he has served as Chair of Sale District Tourism Association and was a member of Wellington Shire Tourism Authority. So he understands grass roots tourism products.

And, he is a qualified chef.

Wrapping up, Mr Legg said: “I never thought all that experience would come together, with one of my truly great loves, sailing. I think I am very lucky. It should be real fun.”

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\* **EDITOR NOTE SPELLING:** Melbourne Docklands; Dockland Sailing School.

## **SEA LEGGS Sailing and Corporate Team Building: Independence and Interdependence**

Building high performance teams and accelerating the development of leadership competencies is the core focus of SEA LEGGS Sailing and Corporate Team Building, a division of Dockland Sailing School based at Melbourne Dockland's Victoria Harbour.

Using sailing as an intense learning environment, SEA LEGGS works with teams and individuals to stretch their capacities, according to chief instructor and school founder, Tony Legg.

"We aim to build high level independence and interdependence," he said. "Sailing lends itself to management and leadership training because it requires individual performance, within a team environment."

Participants engage in challenges that parallel real work environments and ones that facilitate respect, co-operation, communication and teamwork.

"All the people on the boat have to co-operate to sail the boat, every team member has a role and with our experienced instructors we can ensure that no one person dominates," said Mr Legg.

He said the unique teaching environment completely removed employees from the politics of the normal work place.

"Plus, it's outdoors, clean and comes with a breath inspiring view superior to that offered from the 26<sup>th</sup> floor of the city office tower," he said. "And you can't discount the fun factor."

SEA LEGGS Sailing and Corporate Team Building is not just about going for a sail – although that can be organised – the business is serious about developing teams and increasing workplace performance.

SEA LEGGS adopts a consultative approach with clients to ensure the training program achieves client goals and objectives.

Highly qualified professionals trained in psychology, leadership coaching, workplace training and assessment as well as qualified and accredited sailing instructors deliver the Corporate Sailing and Training program at SEA LEGGS.

One or more yachts can be engaged to fit time scale and participating numbers.

Events range from just learning to sail and working as team with the 'Day on the Bay' program, through to 'team against team' racing, where two or more identical yachts race against each other.

Programs include formal instruction and teaching at Victoria Harbour before setting sail.

Mr Legg said the city-edge location of the school was of particular attraction to CBD businesses.

“Now you can leave your office, catch a tram, jump on your scooter or park your car and within 10 minutes change into your boating clothes and be on the water ready to experience a new learning environment,” said Mr Legg.

The needs and skills of each corporate group are different and SEA LEGGS Sailing and Corporate Team Building can design a program for Corporate Groups to suit any of your requirements.

For the Corporate market, Docklands Sailing School also provides:

- Learn to Sail Training
- Corporate Hospitality
- Client Entertainment
- Promotional Campaigns
- Product Launches
- Staff Rewards and
- Incentive Programs.

Bookings/inquiries: 0425 75 27 45

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## **Dockland Sailing School: from learners to racing**

Dockland Sailing School has a comprehensive range of sailing programs covering introductory-learner classes and tiered skills development lessons for individuals, couples and mixed and single gender groups using appropriate yachts.

Dockland Sailing School director, Tony Legg said many people see sailing as more than a sport; it's a way of life, an appreciation of the outdoors.

"Our school is a medium for meeting like-minded people, improving your lifestyle and taking full advantage of Victoria Harbour, The Docklands and Port Phillip Bay," he said.

"It is also a place for people who are serious about developing sailing skills for club and team events," he said. "I am a firm believer in the adage 'learn the skills before you play the game' which should be applied to any new activity."

Loose, comfortable clothing, white or clear soled shoes, plus a small bag with sun cream, hat, sunnies, a sweater or windbreaker and water bottle is the essential sailing gear.

"That's all they need ...we provide the yacht, instructors, the water, the fresh air, a different view of Melbourne, the action and, on most occasions, the breeze," said Mr Legg.

As a general rule, the school sails in all weather conditions. This helps prepare sailors with the necessary skills to 'survive' a sudden 'blow' or make the most out of what nature presents.

Sailing is on Victoria Harbour at The Docklands, the Historic Maritime precinct of Hobson's Bay and Williamstown and/or Port Phillip Bay, depending on the lesson. Australian Yachting Federation accredited instructor's skipper Dockland Sailing School yachts.

The bars and restaurants at the trendy Victoria Harbour precinct at Docklands provide immediate wharf-step venues for post-lesson yacht talk.

"Sharing the experience is part of the sailing culture," said Mr Legg.

### **Introduction to Sailing Course – Get into Small Boat Sailing**

The "Get Into Small Boat Sailing" scheme is a development of the Australian Yachting Federation national proficiency scheme for small boats.

**Learn to Sail** rates start at \$25.00 per hour per person\*. With that clients get to sail a boat and learn how to sail. (That's cheaper than going down to the local water way and hiring a yacht, catamaran or windsurfer and be left to fend for yourself, says Tony.)

The introductory course is designed to teach all the basics of sailing and is an inexpensive way to check out the sport. It's a great day out and an affordable way not only to go for a sail but also to learn how to sail and experience the freedom associated with sailing.

**Group** bookings are available (min 12 – max 18). Booking availability is subject to previous booking commitments.

Dockland Sailing School offers both the **Basic Skills One** and **Basic Skills Two** in groups (minimum of 12), booked individually or join a group; 'One on One' basis or a 'Two on One' basis you can bring a friend (your crew)

For racing, the school provides **Stage Three Better Sailing**, **Stage Four Racing Skills One** and **Stage Five Racing Skills Two**.

Customers can book via [www.docklandssailing.com.au](http://www.docklandssailing.com.au) or by telephone mob: 0425 75 27 45

### **Scope of Activities**

Tailored for all levels from no experience to those who want to learn more

#### **Group Size**

Sailing School: Min 12 (2 per boat)

#### **Course duration**

8 Hours either 1 Full Day with a lunch break or by arrangement 2 Half Day sessions (4 hours each)

Full Day – 09:00 to 17:00

Half day sessions - typically 09:00 to 13:00 or 14:00 to 16:00

#### **Pacer Dinghy**

The Pacer Dinghy is an off the beach yacht, equipped with a jib and mainsail and has reefing capacity (2 persons per boat with a maximum of 3 by arrangement)

#### **Savage Dolphin**

The 5 metre long Savage Dolphin is an open ballast day sailor, sloop rigged (Mainsail and jib) with reefing capacity. It has a drop steel centreboard and a 15hp long shaft Yamaha outboard motor. Minimum 5 students required for 1 Full Day with a lunch break or by arrangement 2 Half-Day sessions (4 hours each).

The 2 hour "Fun - Sailing takes you away" session: A 2 hour sail, with a Certified Instructor, designed to give an insight into sailing at an affordable price. **You will sail and steer the boat! Price: \$89.00\* per person (minimum 6).**

You don't have to organise five other friends; join the waiting list.

Dockland Sailing School recognises we all learn differently.

The **Women on Water! (WOW!) Program** allows women to sail in a non-patronising environment that is both flexible and relaxed. The main focus is to learn, have fun, meet new people and experience the social aspects of sailing.

The format is similar; the outcomes achieve the same end, no testosterone getting in the way, just women teaching women. This program gives women another option; the group sizes are smaller and more personalised.

Note: Dockland Sailing School encourages mixed crews. The reality is many yacht sailors are husband and wife teams. Other women sailors enjoy the thrill of racing in mixed teams and the social interaction back at the Yacht Club. You choose!

Maximum class size: 6 WOWs

2 sailors per boat – Maximum 3 boats and one instructor

Extra boats and an extra instructor can be arranged depending on the group outcomes required

Cost is \$95.00\* per person.

Savage Dolphin Option

The Savage Dolphin enables a group of colleagues or friends to sail together in the one yacht. All the same information is covered; each student then interchanges through the various positions including steering. The 5 metre long Savage Dolphin is an open ballast day sailor, sloop rigged (Mainsail and jib) with reefing capacity. It has a drop steel centreboard and a 15hp long shaft Yamaha outboard motor. Minimum 5 students required for 1 Full Day with a lunch break or By arrangement 2 Half Day sessions (4 hours each)  
Cost is \$95.00\* per person.

Bookings: 0425 75 27 45

**Note to Media:** Please check [www.docklandsailingschool.com.au](http://www.docklandsailingschool.com.au) for current prices.

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