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Dancing, the new team-building mantra in office!

7/19/2006 4:18:00 PM

Sydney, July 19 (ANI): If your boss is an old fuddy-duddy perhaps a salsa session at office could loosen him up. Melbourne firms are trying to promote team-building among staff through dancing sessions.

Employees are being urged to do the rumba, foxtrot and cha-cha to lighten up intense meetings and conferences. Team dancing promoter Tony Legg said yesterday dancing was a fun way to break down barriers between people.

It enhances confidence and self-esteem and encourages friendships and social awareness. It's fun - people can have a laugh, he was quoted by News.com, as saying.

Mr Legg, who runs Sea Leggs Corporate Team Building, launched the program two months ago. Dancing supervisors come to the workplace or sessions are organised at the Arthur Murray Dance Studio in the city.

Mr Legg, who also runs team-building programs for sailing and cooking, conceded that the popularity of TV dance shows was behind his latest venture.

Arthur Murray state manager Jackie Drake said some firms just wanted to give their staff a chance to unwind.

She said power roles were sometimes reversed in dance.

It is really tough for some executives who are very confident in what they're doing, and they have to come in with their staff and do something they don't have a clue about, Drake said. (ANI)



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When you call my name it's like a little prayer, I'm down on my knees,

- I wanna take you there
- I wanna bring you there
- I wish I had a chair

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